

Post Polio Victoria Inc. Ross House 247-251 Flinders Lane Melbourne 3000 Email: info@postpoliovictoria.org.au Web: www.postpoliovictoria.org.au Phone: 0431 702 137 ABN: 98 441 126 864

# BULLETIN BOARD July 2022 Incredible Tips for your upcoming travel arrangements: Whether you need a holiday, respite, Short Term Accommodation, people with mobility issues look forward to a stress-free break just like everyone else. But before we can even consider whether the location or property, is what we are after, we have to first be practical. We need information. Like you, we have also had to ask these sorts of questions: "Will the doors be wide enough to fit my wheelchair?" "My weak hip means I can't climb steps" "Sometimes I lose my balance, I wonder if they have a shower chair and grab bars?" With Accessible Accommodation, we provide you with information so what you see is what you get on arrival. And, if you need help, you are supported by a dedicated helpline and website chat feature, operated by people with disabilities themselves. We get it! There are over 200 options around Australia, from houseboats, Resorts, Hotels and Holiday Houses, even Houseboats. Because everyone's needs differ, we have categorised differing needs of people that are easily identifiable. They are: Independent Walking, Independent Wheelchair User and Assisted Wheelchair User. This will make it easier for you to narrow down the places you can go for your next holiday or a place to stay for a few months. More info here: https://www.accessibleaccommodation.com/information-for-guests/ Our newsletter is a great way to stay updated on the latest listings plus we do holiday giveaways too https://www.accessibleaccommodation.com/newslettersubscription/ Link to all the Victorian listings https://www.accessibleaccommodation.com.au/listing\_location/australiavictoria/ Video explainer: https://youtu.be/y8-FIQ0gAq4

Purpose, Openness, Learning, Integrity, Originality

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# **Breaking News:**

# **Disability and COVID19 News from Australia:**

#### Vulnerable Australians 'filled with dread' over telehealth cuts

2 July 2022 The Guardian Decision to end a range of services on 30 June will lead to



'avoidable suffering and distress', medical practitioners say.

#### 10,000 deaths from COVID-19 but still no plan for people with disability 1 July 2022

Disability Support Guide

Australia has now recorded over 10,000 deaths from COVID-19 and it is still unclear how many of these deaths have been people with disability.

#### Census sees rise in people with disability

30 June 2022 7 News

More Australians are saying they need help with core activities, with women more likely to have such a disability than men.



Audio: 'True representation of mental health problems' in latest Census according to Mental Illness Education ACT's Heidi Prowse 29 June 2022

ABC Canberra

The latest Australian Census (2021) has revealed mental health problems were the most reported long-term health condition, with about 2.2 million people acknowledging they need help.



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#### **People with Disability Australia – PWDA** (QDN, Queensland with Disability Network) <u>https://qdn.org.au/</u>

Open letter to all parties and candidates contesting the Federal Election in 2022 Leave no Australian behind in disasters and emergencies 31 March 2022 Australians with disability experienced first-hand significant impacts and disproportionate risks to their safety and wellbeing during the recent 2022 floods in South East Queensland and New South Wales. This is alongside the multiple disaster events of bushfires, droughts, cyclones, and the COVID-19 pandemic. We cannot continue to underestimate the significant and long-term effects of these events for people with disability and carers.

It is time to take action and invest in a national approach for the future. We need to ensure that Australians with disability are included and represented across all levels of policy, practice and research

Please click on the link to access to the full article

https://www.postpoliovictoria.org.au/people-with-disability-australia-qdn/

## Happy Winter Food Tips to stay Healthy and Hearty

# This Onion recipe will heat up cold nights!

PACKED with vitamins and flavours, onions add extra sizzle and deliciousness to these dishes that are sure to please crowds.

READ MORE

#### Important dates, mark your calendar's

3/7 – 10/7 – NAIDOC week Celebration
19th July – Morning Tea with PPV via zoom
Email already sent to all members and friends
Reminder to be send 48hrs prior







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