Post Polio Victoria Inc.



Ross House 247-251 Flinders Lane Melbourne 3000 Email: <u>info@postpoliovictoria.org.au</u> Web: <u>www.postpoliovictoria.org.au</u> Phone: 0431 702 137 ABN: 98 441 126 864



Purpose, Openness, Learning, Integrity, Originality

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Staying on top of Infectious Disease Updates

General Infectious Disease - Infectious Disease Advisor

Great set of questions but so hard to get your head around when you are in pain.

Before deciding, make sure you ask your doctor the following questions:

- 1. am I more likely to get better with surgery than without it?
- 2. what happens if I choose not to have surgery?
- 3. what are the risks of having this surgery? Both during surgery (for example, anaesthesia) and after surgery (for example, complications)
- 4. have I received enough information about the benefits and harms of having surgery compared to other treatments (including doing nothing)?

In Home Safety Check List Coming your Way!

Please find below an example of our user-friendly in-home safety check list – start today to ensure your safety and share with family and friends

The full document will be attached AS A SEPARATE DOCUMENT to the PPV Bulletin email this month.

HOME				
	Issue	Date/Time	Date	Strategy/Comment
		due	undertaken	
*	Keys safe			
Cleaning				
Vacuuming				
Spring cleaning				
High dusting				
underbeds etc				
Light fittings				
Steps / stairs				
Lighting				

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President Shirley Glance OAM – Lions Youth of the Year

The 26^{th of} March, President Shirley Glance OAM was honoured to attend the Australian Lions District 201v5 as a guest judge for the 2022 Lions Youth of the Year Competition. Youth of the Year started in Brisbane in 1964 with young gentleman students, with young ladies allowed to join in 1979.

The Youth of the Year Competition is a Lions Projects for students aged from 15-19 years old. The Lions Youth of the Year program has a proud history in encouraging and fostering leadership skills in Australian students approaching the end of their high school years.

There are five judges to judge this Project. The evening commences with each student attending an interview by the five judges, the interview is around 30-40 minutes long where the five judges go through their entrance forms and then ask the contestants questions about local, state, interstate, and international affairs. The evening includes a dinner with the students, family members and fellow Lions followed by the contestants completing 2 impromptus questions which are made up by the Judges, the final round is a prepared 5-minute speech which each students completes.

The Contestants are scored up to 100, and there is a Public Speaker Winner along with the Overall Winner.

Including Shirley, the other Judges come from all walks of life with their interest in young students with their life in front of them. Many individuals in the public eye have participated in this wonderful activity including Kevin Rudd who was an Australian winner of this fantastic Project.

Photos to the right of the 5 contestants and overall winner – Anjali Sharma



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