

BULLETIN BOARD

24th February 2021

VACCINATION UPDATE

We have spoken to Stephen De Graaff for advice regarding vaccination for COVID-19. Please read the following. As with any health issue, always seek advice of your General Practitioner.

The COVID-19 Pandemic has thrown up many challenges for all of us, however there have been some positives. We have become more socially distance aware and have developed strategic masking practices.

The rapid development of safe and effective vaccines has been a real bonus and now decisions are being made about distribution and targeting to the most appropriate recipients to minimise risk of this wretched disease.

If you are offered the vaccine, please have the 2 injections. Although the vaccines may not stop you being infected or spreading the virus, they provide you the security that the severity of disease is limited and mortality is markedly decreased to rare occurrence.

If you do not react to the Fluvax, you should be safe with the COVID-19 vaccines.

If you are concerned about your immune status e.g. chemotherapy, immune suppressant drugs, severe illness, you should consult your GP or Specialist first to ascertain your risk.

Stephen De Graaff
Senior Rehabilitation Physician and Director of Pain Services
Epworth Rehabilitation and Mental Health



Post Polio Victoria Inc.

Ross House
247-251 Flinders Lane
Melbourne 3000

Email: info@postpolio victoria.org.au

Web: www.postpolio victoria.org.au

Phone: 0431 702 137

ABN: 98 441 126 864

VACCINE ELIGIBILITY CHECKER

24th February 2021

Further update from government, might be worth a look:

<https://www.google.com/url?q=https://covid-vaccine.healthdirect.gov.au/eligibility&source=gmail-imap&ust=1614724692000000&usg=AOvVaw1G3cwWMhZXnV3V9FkBeGis>

POWER UPDATE

24th February 2021

The Andrews Labor Government is reducing the cost of energy for Victorians doing it tough, with a one-off \$250 payment to help with their energy bills.

The bonus is available through the Victorian Energy Compare website – compare.energy.vic.gov.au – or by calling 1800 000 832.

Victorian households are eligible for the Power Saving Bonus if they have an electricity account and at least one member receives one of these benefits:

JobSeeker, or Pension, including age pension, disability support pension, carer payment and single parenting payment, or Youth Allowance, or Abstudy or Austudy, Or A DVA Pensioner Concession Card

How you can apply

You can access the Power Saving Bonus in two ways:

1. Do it yourself by applying online at <https://compare.energy.vic.gov.au/>
2. If you would like assistance claiming the bonus, call Brotherhood of St. Laurence on **1800 830 029** or use our **online form** to register your interest.

What you need to have when you apply

When you apply for the Power Saving Bonus you will need to have:

1. Your electricity bill, either on paper or electronically.
2. Your Centrelink Customer Reference Number (CRN), so the government can verify you. This is listed on your concession card and letters from Centrelink.
3. Your bank details (BSB and account number), so the government can pay you via electronic funds transfer.

The \$250 bonus will be transferred electronically into the bank account of the recipient or provided via cheque on request, and processing will take approximately two to three weeks from application.