



Australian Red Cross Extreme Heat Response Program

Limited Registrations Still Available

Severe heat and heatwaves have claimed more lives than any other natural hazard in Australia. People who are particularly vulnerable to the impacts of extreme heat include those living alone, have a disability, are housebound, frail, aged, recovering from an illness or accident, or those with ongoing illnesses such as diabetes or a heart condition.

HeatREDi is a Red Cross program that provides daily calls to registered clients during extreme heat events (heatwaves) to check in on their wellbeing and help them cope with the impacts of the heatwave.

The service is designed to ensure vulnerable people are supported during a heatwave by providing them with daily wellbeing check-ins over the phone, as well as advice on coping with extreme heat. These daily phone calls also provide an opportunity to identify early signs of acute heat-stress and activate emergency support if required.

HeatREDi is provided free-of-charge to registered clients.

We currently have a limited number of places still available in our HeatREDi program this summer.

HEATREDI PROGRAM

the
power of
humanity



Sign up by completing the registration form
online here:

<https://bit.ly/vicheatredi>

For further information and/or help to
register, please call 0400 113 069
