Geelong Polio Support Group



February 2019

Next Meeting: 4th February at 10:30AM

In the Chair Sharyn

Support Group Co ordinator: Sharyn Matthews Contact Ph: 435719333

Email: Sharynmatthews56@gmail.com

GPSG News Editor: Denise Stanford-Buller Email: denise@stanford.id.au

Meetings are usually held on the 1st Monday of every month 10:30am

Main Conference Room,

McKellor Centre Nth Geelong

McKellor Centre, Nth Geelong (first left passed main Reception Desk)



FEBRUARY

Norma Mackenzie 24th

Graham Trevaskis 7th

Have a great day

...from the Editor's Desk

Happy New Year
Happy Australia Day
and Hello from the Editor's desk

I hope this finds you happy and ready for the first meeting for 2019
At 10:30am; Feb 4th
Main Conference Room
at the McKellor Centre, Nth Geelong

Bring your subs, \$15 for the year and your ideas for future meetings.

The schedule is looking pretty empty just now

I have no information to give you

Hopefully, with your input, it will fill up soon with lots of interesting ideas, activities and speakers

Sharyn Matthews 435719333 has been bold enough to taken on the Convener's roll with back-up support from Jennifer Merrit 52515110

Gary Newton 409239773
If you have any suggestions, concerns, questions please feel free to contact them.

As you can see this is a shortened edition of the newsletter. I can honestly say I've truly enjoyed these past few years as editor. But recently I have struggled with the responsibility; eg I have just spent 6 mins reading and re reading the names and address list because I could not think of Gary's name... ??? How can anyone forget Gary???

It must be remembered I too have Post Polio Syndrome. Recent Physical changes, memory difficulties, and brain fog have suddenly escalated and they are all taking a toll. The hot weather, and a new knee injury have not helped.

We need a new editor and fast, so all and any ideas gladly considered by Sharyn and her Team - Ed

Convener's Corner Hi Members,

It's hard to believe that we are already at the end of January in this new year.

I hope you all had a very blessed Christmas/New Year.

Time appears to be going fast. For those of you, like me, who have been babysitting grandkids during the holidays, you no doubt will be pleased when school starts for another year.

I am looking forward to giving the job as Convener for our group a go in February.

Winnie's boots are big, even with her tiny feet; I realise filling them will be a challenge.

She has been a marvellous convener for the last few years,

but I will give it my best shot with your help.

I look forward to seeing you all at our first meeting back for the year. Please bring ideas for meetings, names and contacts of speakers you would like for the year ahead.

I am sure it will be a very productive year where we can make new friends and learn a lot more.

Cheers, Sharyn

2019 Meetings

Feb 4th
Housekeeping
Ideas contacts etc
for meetings this
year
subs due catch up

March 4th

April 1st

May 6th

June 3rd

July 1st

August 5th

September 2nd

October 7th

November 4th

December 2nd
Christmas Lunch

It's Australia Day so break out the zany facts about this wide brown land!

1 The 'dingo fence' is the longest fence in the world (5,530km). It is about twice as long as the Great Wall of China.

2 750,000 camels roam our deserts, the largest number of purebred camels in the world.

3 Adelaide's Botanic Gardens are home to the oldest glasshouses in the Southern Hemisphere.

4 The Australian Alps receive more snow than Switzerland.

5 Glenelg (in Adelaide), Tumut (in NSW) and Parap (in Darwin) are all palindromes.

6 We are the only continent without an active volcano.

7 The Seekers were named joint Australians of the Year in 1967.

 $8\,$ If all of the shells on the roof of the Sydney Opera House were combined, they would create a perfect sphere.

9 Fraser Island is the world's largest sand island.

10 Cathy Freeman is the only person to have been awarded both Young Australian of the Year and Australian of the Year.

11 In 1838 it was declared illegal to swim at public beaches during the day. This law remained in force until 1902.

12 Kalgoorlie in Western Australia is the our largest electorate, spanning 2,225,278 square kilometres.

13 Sydney Symphony Orchestra's performance at the 2000 Olympics was pre-recorded by the Melbourne Symphony Orchestra.

14 The wine cask is an Australian invention.

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