



PPViews

No. 20, September 2018

PRESIDENTS' REPORT

In This Issue

- Polio Services Victoria
- Changes to Taxi Services Vic
- My Health Record
- Advice to Polio Patients
- About Polio people in Arts+ Sport.
- Retirement? Michael Lynch Arts executive and NSW polio survivor.
- Super heroine- Minda Dentler
- Philip Roth's "Nemesis" reviewed
- Research about Polio vaccine
- Interview with Our Shirley OAM
- Disability Advocacy Services in Victoria
- Tips on success applying for NDIS



PPV address;
1st Floor, Ross House 247-251
Flinders Lane, Melbourne, 3000
Phone: 0431 702 137

Email: postpolio victoria@gmail.com
Web: postpolio victoria.org.au

On 8th June the Pan American Health Organization and WHO Regional Office For The Americas issued a joint statement -that 2 young children in an "under-immunised, remote indigenous community in Venezuela had presented with acute flaccid paralysis" -symptomatic of polio. Further investigation, proved the older child had been immunised and had not contracted polio. However, local authorities are still on alert, given the re- emergence of measles, diphtheria and increases in HIV infections in the remote north, where immunisation rates are below 95%. And, this poses a threat to populations neighbouring Brazil and Columbia.

But news is worse in our near Northern neighbour, Papua and New Guinea. A rare, mutated strain of polio has broken out in the remote highlands. To contain the outbreak, WHO is trying to mobilise a mass immunisation in the Morobe Province. This won't be easy in an area of heavy rain and mudslides. An article on a research study on the premature withdrawal an oral polio vaccine is reprinted in this edition.

As an interest to younger PPV members we have expanded Polio and the Arts to include a sports section. This edition showcases polio super heroine, Minda Dentler. Susan Shaab reviews "Nemesis" by Philip Roth. Roth lived did not have polio, but in "Nemesis" he records the epidemic in 1940's America.

2018 is the the 10th anniversary of the death of science fiction writer Arthur C. Clarke (1917 -2018) who contracted polio in 1962 in Sri Lanka, where he had lived since 1950. Until 1946, he served in the Royal Air Force as a radar specialist. His ideas were pivotal to accomplishing the Berlin Airlift of 1948-49. Arthur is best known for his novel "2001 -Space Odyssey", on which the film is based.

Recently, a BBC health programme reported that Sri Lanka and Paraguay have eliminated malaria and in parts of Nauru and the Soloman Islands. As with its ' funding to eliminate polio from the world, the Bill and Melinda Gates Foundation has been crucial to the progress in the fight against malaria.

At a conference held in Melbourne in June, it was reported that more than 2 million new malaria cases and 500,000 deaths are reported each year. In PNG, 1.4 million people were infected with malaria, a 400% increase in 2 years.

The aim to eliminate malaria by 2030, requires philanthropic and government funds, understanding of the cultural practices of "at risk" populations, quick information sharing among researchers into treatment drugs/ diagnostic tools and between Health Authorities responding to infected communities. Done, these could eliminate measles, TB, HIV, and, the diseases in the world "since the dawn of civilized man"- polio and malaria. In the nether world Arthur C. Clarke would be well pleased. Cont. P3.

SAVE THE DATE

Monday 26th November 2018 is Post Polio Victoria's AGM Members will receive a letter for ideas about the time, place, and format. Your letter will include Nomination forms.

Nominations and suggestions welcomed.

Quarterly meetings with Polio Services Victoria at St Vincent's Hospital (PSV)

One of Post Polio Victoria's important activities is to facilitate quarterly meetings between PSV and key groups supporting people with polio. We know how important it is to you to have access to good quality services. These quarterly meetings aim to provide feedback to PSV about the services they offer and to suggest how these could be improved.

We have held two of these meetings in 2018.

One important issue which has been discussed is that demand for these services is continuing to grow. There has been some increase in staff at PSV and this is welcomed. However at the May Quarterly meeting, PSV reported that there was a 2-3 month waiting period to see the GP, although it was possible to get into allied health clinics a bit more quickly. However at the August 8 meeting, PSV reported that clinics are booked up until mid October (ie at least a 2 ½ month wait). Demand seems to be growing for these services, both from epidemic survivors and from more recent arrivals to Australia. So if you are thinking about making an appointment with PSV, don't dally if you want this appointment to happen in 2018. We will also continue to lobby PSV and St Vincents for more resources for polio services.

Post Polio Victoria also knows how important it is that PSV services help you to live your life the way you want to. You know best what you need, though expert advice is very important. Services which put an emphasis on client participation in terms of treatment and equipment are called client centred services.

Post Polio Victoria was pleased to hear at the August Quarterly meeting that PSV has introduced a telephone triage system to help clients get the most out of their appointments. Before your first appointment at PSV, the PSV Coordinator will ring you to discuss why you made an appointment and what you are hoping to get out of that and subsequent appointments. You will be provided with a written summary of that discussion which will be given to you when you attend for your appointment. This is intended to help you to be clear with the clinician about what your goals are and what assistance you are looking for.

We would be very interested in hearing from people who have participated in the telephone triage system. Let us know whether it worked for you and we will provide feedback to PSV (anonymously if you prefer).

Another important issue discussed at the Quarterly meeting is how people with polio who are applying to the NDIS can be supported. PSV reports that their service is receiving lots of requests for assistance with applications for the NDIS and that they are unable to meet the demand. Post Polio Victoria is considering what support it can provide and you will see a separate article on this topic in this newsletter.

Post Polio Victoria will continue to represent your interests to PSV and other agencies and we will keep reporting back to you. Our next Quarterly meeting is on October 17. Please send us any feedback you have before then.



Taxi travel tips

The Taxi Services Commission has changed its name to Commercial Passenger Vehicles Victoria and is being followed by several procedural changes many of you may already know of, for others, I have jotted down a few changes below;

New regulations

The new Commercial Passenger Vehicle Industry Regulations 2018 (effective July 2018) will (help) monitor fares across Victoria and promote safety and accessibility. It is important passengers know that every commercial passenger vehicle driver has passed police, medical and driving history checks, and is subject to ongoing criminal data matching.

Displaying taxi fare information

A new requirement for vehicles providing taxi services (unbooked trips – hailed from the street or requested at taxi ranks) is that in addition to displaying their fares inside vehicles, taxis must also now have this information displayed outside vehicles. This legal requirement means that people providing taxi services without displaying their fares outside vehicles, are committing an offence under Regulation 17 and risk being restricted from operating and/or being fined.

Additional Taxi Companies operating under the new conditions

Four international companies; Uber, Taxify, DiDi and Ola have begun operating in Victoria since these new (taxi) industry changes have occurred.

“Try before you ride” invitation to visit Box Hill to learn more about public transport and speak with public transport staff and try out trains, trams, buses, coaches and taxis.

DATE: Wednesday, 10 October 2018

TIME: 10am to 2pm

WHERE: Box Hill Interchange, corner Whitehorse Road and Box Hill Central

To register your interest, email Transport.Accessibility@ptv.vic.gov.au or call 1800 800 007

For more general information, visit the Public Transport Victoria (PTV) website: <https://www.ptv.vic.gov.au/>

Happy travels, Jill Pickering (PPV member)



From 1 September 2018, all commercial passenger vehicles are required to display a form of identification when they're in service, so they can be easily identified.

PRESIDENTS' REPORT Cont.



Since the last newsletter, PPV Committee members have collaborated to assist Polio Services Victoria

with its' clinics throughout Victoria. We have been spending the State Government's Health Conditions Support Grant on buying equipment such as a new phone, upgrading our website, and posting information to our members. We have members who are not on line, or prefer written information. Peter Freckleton and Peter Willcocks have been attending the Council of the Ageing (COTA) about their Aids and equipment Strategy. Like other disability groups, Polio Survivors now always have questions about the purchase and repair of equipment they use every day.

Our website designer, Ruben is working on PPV Committee matters thanks to Jill's further generosity.

Community Worker, Stephanie Cantrill started working with Polio Australia to outreach and link together Victorian Polio groups. Stephanie started working part-time thanks to a generous donation from Jill Pickering, a founding member of PPV and the Committee. We understand that another donor has now contributed further funds to enable Stephanie to work full-time.

Congratulations go to Committee member Shirley Glance. Shirley received an OAM in the Queen's birthday honours list. She joins our other Victorian Polio Survivor Dr. Margaret Cooper OAM.

My Health Record

Most Polio Survivors will be aware that the Federal government is creating a record of the health of all Australians. This record will enable health professionals to access your medical history, medications etc. People who don't want a record created have to contact the myGov website or the Medicare Service Centre before the 15th of November 2018.

Polio Australia holds the view that because of the complex medical problems, changing, multiple medications and difficulties with prolonged anaesthesia that Polio Survivors experience, having a My Health Record is beneficial to all; polio patients, their families/carers and health professionals. PPV endorses this view, despite the anxieties some may have about privacy and other government agencies purported access to it.

To ensure that you get the best from having a My Health Record it's best to make an appointment with your GP to ensure all the information the clinician has is correct and up to date.



Tips for applying for the NDIS-3

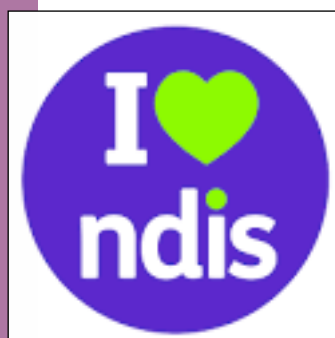
Applying for the NDIS requires evidence from a doctor. Some people have been asked to get a specialist letter, even after having provided a GP letter. We don't know why, but given that there aren't many polio specialists it would be better if the GP letter hit the mark. We hope these tips help.

The NDIS is concerned with functionality and not the nature of your disability. So polio is not so much of interest to them, but how the impairment stops you from undertaking activities without significant assistance from equipment and/or other people is their concern.

Make sure your doctor focuses on how your impairment reduces your ability to participate effectively in activities or perform tasks or actions unless you have assistance from other people or you have assistive technology or equipment. Do you use calipers, crutches, bracing, walking frame, wheelchair, scooter, shower chair or any other assistive devices related to the impairment?

Do you need others to assist and enable domestic tasks, personal care or enable economic or social participation? Give examples of how.

Good luck with your application!



Retirement?

Michael Lynch Arts executive and New South Wales polio survivor



Flowing from “flying high on achievement” theme in this newsletter is this from Michael Lynch when taking over as chair of Brisbane-based contemporary circus company Circa. “ I am 65 year old; I can barely walk due to childhood polio and I always wanted to be an Olympic gymnast. So of course the invitation to Chair Circa was irresistible. I may not be up for a stint in Circa’s Training Centre but I am certainly up for enthusiastically supporting one of Australia’s most innovative and successful performing arts companies.” (Press release- 26th May 2016)

In 2017 Michael Lynch accepted the invitation to be Co-Patron with Sir Gus Nossal of Polio NSW. At its’ subsequent AGM in December 2017, he was guest speaker. Michael spoke of his work around the world as a successful Arts administrator. Before and after returning to Australia in December 2015, he began thinking about giving back to Australian communities, including polio survivor advocacy and support ones.

Michael grew up in Maroubra, got in 1953 when he was 3; “ possibly the last epidemic in Sydney.” And,“ it took me a very long time to even admit to myself that polio was part of me. I was in hospital for over a year, onto Prince Henry for about 4 months, then to Margaret Reid at St Ives for the next 8 months and then I went home aged 4. The only thing I can remember from 0-4 years was the joyful day my parents picked me up and took me home.

The interesting part over the course of perhaps the next 45-50 years is that I tried very much to pretend that nothing had happened. I was on callipers for the first 18 months or so and man-

aged to throw them away, went through school doing all sorts of things that were inadvisable – football, cricket, running, swimming always coming last. My mother was always highly amused and deeply touched by the fact that, other than the winner I was the only kid who got a standing ovation. I think that’s how I finished up working in the Arts: she said that”“ you seem to be playing to the audience as you came in 200 metres behind everyone else.”

Michael’s Arts career includes being Chief Executive of London’s Southbank Centre 2005-2009, which followed from being CEO of the Sydney Opera House, General Manager of the Australia Council and General Manager of the Sydney Theatre Company.

After London, from 2011-2015, he was Chief Executive of the West Kowloon Cultural District, an ambitious project to build a huge art precinct on the shores of Hong Kong’s Victoria Harbour. We are sure that all Polio people living in Australia will benefit from Michael’s endeavours as patron of his States Polio group; hopefully his association is as happy as an audience’s ovation. Our wish is similar for all his other retirement endeavours in Australia; Circa, the Sydney Community Foundation and the Northern Territory indigenous art gallery.

- we acknowledge that this article was rewritten from parts of Susan Ellis’s transcription (from Network News, March 2018) full copy of which appeared in Arthur’s TAS POLIO NEWS Issue No.25 July 2018 and the CAMD] COUNCIL OF AUSTRALASIAN MUSEUM DIRECTORS - media news



Superheroine Minda Dentler

Minda Dentler was born in Mumbai, India in January 1978. At 6 months of age she contracted polio and became paralysed from the hips down. Her single mother, who was unable to look after a disabled baby, left her at a Mumbai orphanage. She was expected to die before reaching adulthood. However, aged three she was adopted by a family in Spokane, Washington, where "she had a very happy childhood." Her family helped her get surgery on her hip, legs and back, which straightened her body giving her more mobility.

She stood out, but didn't quite fit in a town, where there were few people of colour with a disability. She couldn't join any sports clubs. In high school she focussed on her studies, shone academically, in music, the debating team and business club.

After High school, she went to the University of Washington to earn her undergraduate degree; then for her MBA to Baruch College in New York City. When she was 28, a friend from College suggested Minda join a disabled sports organisation Achilles International. She began hand cycling.

On her hand cycle, she completed the 2006 New York City marathon. After that, her challenge was to compete in the Ironman triathlon, of a 2.4 mile swim, hand cycle for 112 miles, and push a racing wheelchair 26.2 miles, she completed in Kentucky in 2012. This qualified her to compete in the world championship in Hawaii, later that year.

Each stage of an Ironman triathlon must to be completed within the same time frame for able and disabled athletes. At her first World Champion attempt, Minda failed to make the 10and half hour cut-off for the cycling stage.

In October 2013 she came back to Hawaii, crossing the finishing line in her racing wheelchair after 14 hours and 39 minutes.

Super effort from a super heroine!

Minda Dentler is now a Rotary ambassador of End Polio Now. She is married and has a two-year-old daughter. In a 2016 interview with David Goodstone she pointed out that there are up to 20 million polio survivors world -wide. "Another lifetime will be needed" to ensure all of them get rehabilitation care, education and job opportunities, even if polio is eradicated in 20 years.

- read more about Minda on the following sites;
<https://www.mindadentler.co...>
<https://www.rotary.org/.../ironman-...>
<https://nypost.com/.../how-this-polio-...>



Phillip Roth's *Nemesis* reviewed

a review of *'Nemesis'* a novel by American author, Phillip Roth.

"Nemesis" is the last novel written by Pulitzer Prize winning author, Phillip Roth, who died in May, aged 95. A writer of prolific studiosness and output, he continued to write after winning the PP in 1997 for "American Pastoral," considered by other writers to be his greatest work.

In 2010, wrote "Nemesis," published the same year. It's a short, (easily read in an afternoon) "historical" novel. Beginning in June 1944, with American troops pushing into Germany and the Pacific, Bucky Cantor becomes an unlikely kids' hero in a poor Newark neighbourhood.

Young Americans are dying in the last days of war in Europe. At home, a new Polio epidemic starts, ending the lives of the most cherished young and, fair. Polio had come in waves before: 1919, 1920's, and 30's. Franklin Delano Roosevelt, USA's wartime President got it in one of these, leaving him permanently paralysed. He was a popular President. He implemented economic reforms during the Great Depression, and, was "not so disabled as to be prevented from serving a third Presidential term and Chief Commander during war."

From scholarly research, and experience living in New York during the 40's, Roth shows how an "abated" summer virus suddenly killed and maimed so many, so quickly, again. With the home public focused on threats abroad, initially, there was little attention to threats from within. Roth recreates the fear of the wail of ambulances, closure of services, public health bulletins, within families and communities, as polio spreads. And, later in the book, the fearful treatments survivors endured.

Communities had individual responses to polio epidemics. "Nemesis," is disruptive and disturbing for polio survivors. Roth writes retrospectively from a time when the cause and prevention of polio is known to a time when it wasn't. Gang rivalry is common between kids living in different immigrant –communities. Teens "Spreading Polio" into a rival neighbourhood is central. By the 1960's, gang rivalry becomes a popular theme about Americanisation of teenagers growing up in poor suburbs of New York as in Broadway's "West Side Story."

"Nemesis's" (mythical Greek goddess of Vengeance) main character -Eugene "Bucky" Cantor is the grandson of a Jewish immigrant who fled anti-Semitic pogroms in Eastern Europe in the 1890's. Like migrants who sought refuge in America after its' own Civil war, Bucky's people were among the poorest in Newark. In the low-lying Newark suburbs, they lived in tenements. Families suffered as contagions spread in overcrowded, poorly sanitised, ventilated/ weatherproofed blocks.

Everyone worked at whatever job would pay; sweat –shop garment factories, in their own small businesses, taking in washing. They had little affordable health care. Outside school, children ran errands for middle class, professional families. At 18, Bucky's mother, Doris Cantor, married a "shady character," who would be jailed for theft. Two years later, she died giving birth to a tiny, weak, short-sighted boy. His sight was so poor that as an adult he was rejected as "unfit" by all American Services, when he tried to enlist, after the Japanese bombed Pearl Harbor. His mother's father, Sam Cantor, and his American born wife raised him. They lived in the poorest Jewish neighbourhood, and ran their own small grocery store.

His grandfather, a man of strong physical domination and opinion, did the heavy chores.

In his world, one defeats obstacles oneself. He insisted the boy also do some heavy lifting to perfect his physique. The boy adopted his grandfathers' core value human value- Duty. He did disagreeable tasks including those he feared. Aged 10, he bashed a rat with a shovel, at the back of the store. This feat of fortitude earned him the nickname "Bucky," from his admiring grandfather. Only people he's intimate with, use his American nickname.

However, his grandmother, the only American born person of her generation, always addresses him as "Eugene," and, the reader never learns her first name.

I think Roth is saying something about generational change and measures of respectful relationships in Americanised immigrant communities. Mrs Cantor is an arch typical mothering figure. Families are happy for her to babysit and soothe babies whose mothers are tired.

Although his grandparents were poor, the boy was given everything he needed. His grandfather hounded him to be physically strong. His grandmother was "the sound parental counterweight." She attended to his mothering, nursing him through childhood illnesses, giving plentiful, nourishing food, clean school clothes, and, taking him regularly to the dentist She fostered his intellectual and cultural development making sure he did his homework, and took Hebrew classes prior to his bar mitzvah.

He attended a local high school, and trained to be a gym teacher at a co-educational college. Among his best mates were athletic achievers. At, college he met Marcia Steinberg, the beautiful, petite, clever daughter of the local doctor. They became lovers. Marcia and her family lived in a comfortable house in one of the wealthier neighborhoods. Regardless of the disparity in social class, her family encouraged the relationship. And, despite Bucky's limited intellectual dexterity, Marcia loves Bucky; calls him "My Man."

Superficially, it's a love story. Bucky takes a job as local council summer playground director. The kids adore him. He participates in their games, shows them the building of his perfect physique, throwing javelin, its' story on Mount Olympus in ancient Greece. When his playground is mobbed by older spitting ("We're spreadin' polio") older teens from an Italian suburb, with reported polio cases, Bucky warns them off, calls the police. Then, he works with "his kids" with mop, bucket and disinfectant to clean the playground properly. Later in the week, two eighth graders, present when the Italians lobbed, came down with polio. Both died within three days, with more cases reported in an area, previously "uninfected." He went to the two children's homes to express his condolences to the bereaved families, at the end of his workday. Seeing their grief at home and the funerals, he rails both against believing in a God of Goodness and the families' submission to God's will. After Mrs Kopferman accuses him of causing her two sons' polio, he tries to understand the epidemic by visiting Dr Steinberg. The doctor assures Bucky that he did nothing wrong, and consents to him proposing to Marcia.

Meanwhile, Marcia has a job at the Indian Hills camp in Pennsylvania's Pocono Mountains. Children from wealthy families are sent to it for outdoor, healthy, team sports, and to escape Newark's oppressive heat. Marcia suggests Bucky join her as a camp leader, and be saved from polio. Bucky vacillates between dutifully staying in Newark

to look after his playground, kids, grandmother, and a passionate escape to Marcia and a pristine environment to teach in.

His conscience that he has shirked his duties plagues him throughout his "trial" in the mountains, and reconciliation with Marcia. Welcomed to the camp, where he is to command water sports, he advises younger counsellors including Donald Kaplow, on his diving technique. Determination, dedication, discipline are Bucky's route to perfection. His joys in the respect he's shown and having escaped polio are short lived. Jake, a best friend from High school is killed serving in France, and, Donald stricken with polio, ten days after Bucky's arrival. A spinal tap of Bucky proved positive to the poliovirus. Within 4 days, he had full paralytic polio. He blames himself for spreading polio in the playground and to the camp. After years of rehabilitation using aids, he can walk. His body is no longer perfect. He refuses to marry Marcia, though she begs him to. Thirty years later, Arnie, one his "surviving polio" boys recognised him in the street; they lunched together once a week, when Bucky told him about his journey in the intervening years. Arnie tries to counter Bucky's ideas that he brought polio to his playground. As the carrier of polio, Bucky believes he has not been entitled to live a socially integrated life, like other "survivors." Yet for Arnie, the kids "Mr Cantor" was a god-like being who before demonstrating throwing the javelin told them about first javelin thrower, the Greek god, Hercules.

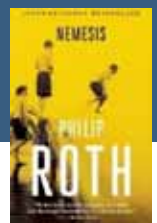
There is symbolism and duality throughout "Nemesis." Yellow, the colour of sunshine, summer fields, butter –flies moving freely through the air, and, dying quickly at the height of their powers, is also the colour of contagion. Like butterflies, the physically gifted, more athletic children get the severest polio and quickly die, mocking the "making strong kids" movement.

After polio, Bucky who lives a socially isolated life, even when he is working seems vengeful against himself, rather than a gnostic God. Rejecting Marcia's love, he thinks he has saved her from a miserable life. Bucky's short sightedness is symbolic of his blindness that Marcia loves him as much as she did before polio.

At fifty, when Arnie meets him, Bucky is experiencing the Late Effects of Polio (PPS), further proof that Marcia would have had a terrible life looking after him. After meeting, Arnie, Bucky shows him Marcia's "My Man" letter. Arnie imagines lonely Bucky "attempting on Sundays not to pine for Marcia."

There is the duality of the Greek male and female Gods, each the epitome of perfection and havoc.

Roth's writing style fits his topic; long sentences of relationship trails, replaced by brief ones matching epidemiologists tracing the spread of polio. "Leaping and jumping about with excitement –except when Myron Kopferman and his like would apishly interfere-they exhibited astounding energy; unless they were summoned by the playground director to retreat to the shade of the school because of the heat, they didn't vacate that street from the Friday in June when the spring term ended to the Tuesday after Labour Day when the fall term began and they could jump rope only after school and at recess."



Research about Polio Vaccine

8/31/2018

Study reveals early impact of 3-strain oral polio vaccine withdrawal | CIDRAP

Study reveals early impact of 3-strain oral polio vaccine withdrawal

Filed Under: [Polio](#) ([infectious-disease-topics/polio](#))

[Lisa Schriming](#), News Editor | [CIDRAP News](#) ([coverage/news-publishing/news-publishing-staff](#)) | Aug 30, 2018

A new analysis of global polio surveillance data covering the first 2 years after withdrawal of oral polio vaccine serotype 2 (OPV2) was withdrawn in 2016 found that Sabin 2 poliovirus (one of the three vaccine strains) in stool and sewage samples declined at 2 months after withdrawal.

After a year, however, virus detections continued because of monovalent OPV2 use to stem vaccine-derived poliovirus serotype 2 (VDPV2) outbreaks.

A research team from Imperial College London, the World Health Organization (WHO), and the Bill and Melinda Gates Foundation published its findings today in the *New England Journal of Medicine*.

Half a million kids studied

The study included stool samples from 495,035 children with acute flaccid paralysis from 118 countries and 8,528 sewage samples from four countries at high risk for transmission (Afghanistan, Pakistan, Nigeria, and Kenya) that were collected from Jan 1, 2012, to Jul 11, 2018.

In stool samples, prevalence of Sabin 2 poliovirus declined from 3.9% at the time of OPV2 withdrawal to 0.2% at 2 months after withdrawal. The detection rate in sewage samples dropped from 71% to 13% over the same period.

At the 1-year mark, Sabin-2 detection in stool samples was less than 0.1% and was 8% in stool samples. The researchers note that nine outbreaks were reported after OPV2 withdrawal and were linked to low routine immunization coverage and low levels of population immunity.

They concluded that high population immunity has helped the decline of Sabin 2 poliovirus after the OPV2 was withdrawn and has kept VDPV2 circulation to areas known for high transmission risk. They added that preventing such outbreaks in high-risk areas before too many kids become susceptible to type 2 poliovirus is a high public health priority.

Persistence required

In a related commentary, Mark Pallansch, PhD, with the National Center for Immunization and Respiratory Diseases at the US Centers for Disease Control and Prevention (CDC), wrote that the importance of population immunity to wild poliovirus eradication is well understood, and the authors of the new study provide the first evidence that population immunity is a critical determinant of successfully phasing out OPV.

He wrote that many questions remain, including the possible impact of a shortage of inactivated polio vaccine on population immunity. "The unfolding experience following the OPV2 switch will



DFAT/ Flickr

<http://www.cidrap.umn.edu/news-perspective/2018/08/study-reveals-early-impact-3-strain-oral-polio-vaccine-withdrawal>

1/3

8/31/2018

Study reveals early impact of 3-strain oral polio vaccine withdrawal | CIDRAP

provide lessons that improve our understanding of problems confronting the endgame strategy of OPV cessation," he wrote.

Other elements for battling the disease include sustained surveillance, maintaining a vaccine stockpile, developing a better vaccine that produces mucosal immunity without the risk of VDPV, and antivirals to treat chronic infections, he said.

"Clearly, persistence and patience will be needed, not only to complete eradication of WPV, but also for the polio endgame." Pallansch wrote.

See also:

Aug 30 *N Engl J Med* [abstract](https://www.nejm.org/doi/full/10.1056/NEJMo1716677) (<https://www.nejm.org/doi/full/10.1056/NEJMo1716677>)

Aug 30 *N Engl J Med* [commentary](https://www.nejm.org/doi/full/10.1056/NEJMp1808993) (<https://www.nejm.org/doi/full/10.1056/NEJMp1808993>)



Our Shirley OAM

Congratulations Shirley! It's not too many people who are honoured with an OAM. How did it feel when you heard you had received it?

I was absolutely surprised and honoured to have been nominated, and had thought that it was an error - I did not feel worthy of such an award. Volunteering has just been part of my life from a very early age.

You had to contribute in three or more areas of community work to be eligible- what were these?

National Council of Jewish Women of Australia and Victoria,
Polio community - co convener of the Bayside Polio Support Group,
Post Polio Victoria, Polio Network Victoria and Breast Cancer Network Australia (BCNA).

How long have you been involved in polio community work?

Well, I have lived with Polio since 1954 and in 2009 I re convened the Bayside Polio Support Group.

What is the work you do outside of the polio community work and how long have you been involved there?

I have been a member of National Council of Jewish Women of Australia (Vic) for over thirty years and have held numerous positions on the Board. In 2014-16, I was President of the Victorian Section and am currently the National Vice-President of NCJWA.

The National Council of Jewish Women of Australia, is an Australian Jewish women's organisation committed to social justice, women's issues and education, we provide a variety of programs and projects focusing on the status of women, community services and Israel.

After your recent experience of breast cancer you featured in an awareness video about disability and breast cancer. How did that come about?

Through a dear friend, suggesting that I might be interested in doing a promotion video for BCNA - 'Living with breast cancer and a disability'.

You get actively involved in most things you do! Have you always been like this? Have there been particular influences?

I am a very community minded person both in the Jewish and wider community. I love people; I love helping people and connecting people. I attribute this to my late parents who were holocaust survivors, who came to a new country with no language and very little skills and had to start a fresh. I draw from their courage and determination to create a home and a loving environment for their children.

With all your activities there are meetings and events, and life has continued to be busy in other ways. All this with post polio. How do you manage your energy?

It has been a struggle at times to balance my life and I tend to worry less about myself and what I need, rather pushing myself to do other things first. It's just in my nature.

On the 4th of September you attended Government House Melbourne for the investiture. What was the experience like?

It was a truly gorgeous day, the sun was shining and all the inductees were made to feel special. Everything went like clockwork, from the minute you walked in to the great hall to being pinned by the Governor Linda Dessau AC – our brief for the day was SMILE and we did! I was bursting with happiness and joy on this very special day, accompanied by my husband and family sharing the auspicious occasion. All had a truly memorable day.

Finally Shirley, what does receiving the OAM mean to you?

I did not realize what a privilege it is to be recognized for my commitment and dedication to our society in Australia. Who would have thought that when my parents arrived in Australia in 1949 as new emigrants, that their daughter would be bestowed with such an honour. I would like to thank those who nominated and were referees for my award and particularly to my husband Howard who has been part of this wonderful journey. I hope to continue my work in the community just as before.

Thank you Shirley. We appreciate your contribution to the community.

Disability Advocacy Services in Victoria

Where to find an Advocate who wants to help YOU!

Individual Advocacy Services

If you need support in getting fair go from a government department eg Centrelink, NDIA, Department of Health and Human Services, the local Council a hospital or any other agency or service, here is a list of services that may be able to help you.

Disability Justice Advocacy

<http://www.justadvocacy.com->

Banyule, Whittlesea, Yarra, Darebin, Nillumbik

(03) 9474 0077

Southern Disability Advocacy

<http://southernnda.org.au>

Cities of Port Phillip, Stonnington, Bayside, Glen Eira, Kingston & Frankston,
& the Shire of Mornington Peninsula

03 9533 5977

ADEC- Action on Disability in Ethnic Communities

<http://www.adec.org.au>

Works with disabilities people from ethnic backgrounds.

Offices in Preston (03) 9480 7000, Werribee (03) 9480 7000 and
Dandenong (03) 9480 7000

Gippsland Disability Advocacy

<http://www.gdai.com.au>

Gippsland area

(03) 5175 0444

Grampians disAbility Advocacy Association

<http://grampiansadvocacy.org.au>

Outlets in Ballarat, Daylsford, Stawell, Ararat, Clunes and Horsham.

GdA services 11 Government areas from Bacchus Marsh
to the South Australian border.

1800 552 272

Rights Information Advocacy Centre

<https://riac.org.au>

City of Greater Bendigo, Rural City of Swan Hill, Mildura Rural City.

Barwon Disability Resource Council -Assert 4 All

<http://www.bdrc.org.au>

City of Greater Geelong, Borough of Queenscliffe, Surf Coast Shire,
Golden Plains Shire and Moorabool Shire (Bacchus Marsh).

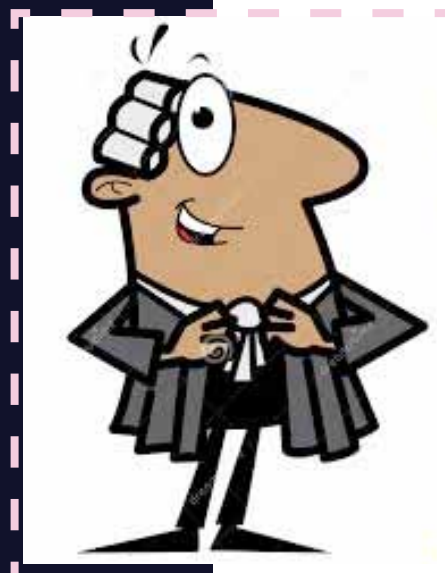
(03) 52218011

Southwest Advocacy Association

<http://www.southwestadvocacy.org.au/swaa/>

City of Warrnambool and Shires of Glenelg, Moyne, Corangamite

(03) 5561 4584



Scooter for Sale

Have you been thinking about getting a scooter but don't want to spend too much? We have a good condition Pride Celebrity X Scooter for sale for \$900.

It has just been serviced by Aidacare and has a new battery. Soon you could be going for walks with friends and family, using the train, going shopping or out for coffee without hopping in the car!

Contact Liz 0417006455
Proceeds of the sale will go to Post Polio Victoria.



Split Sized Women's Shoes to give away

Left foot 7 1/2

Right Foot 6 1/2

Brands: red Zierra, black Gidean

Excellent condition.

Contact Jill Burn on 0431 037 109



PPV Address

1st Floor, Ross House 247-251
Flinders Lane, Melbourne, 3000
Phone: 0431 702 137

Email: postpoliovictoria@gmail.com

Web: postpoliovictoria.org.au