

## **PPViews** Post Polio Victoria Newsletter No 2 July 2011

Hello everyone, PPV has had an eventful few weeks since our first newsletter. We have launched our website, received our first grant and some welcome donations, employed a consultant to assist us work out our direction and have many new members! We really appreciate the interest and support we have been receiving and have tried to respond to the questions raised. In this newsletter we answer some of these, but we invite you all to our Special Meeting on August 22nd to discuss PPV and to give your ideas about what our goals and priorities should be.

### **Grant from DARU**

The Disability Advocacy Resource Unit (DARU) approved our application for funding to employ a project worker to assist us develop our strategic plan, for help with our website and other administrative costs. We also received funding to cover transport costs for our special Meeting on August 22nd and our AGM in November (date to be organised. We have had feedback that a weekend would be better so will most likely make it a Saturday afternoon. Will let you know soon.)

### **Questions for Ron**



As Ron, our Communications Officer, has been visiting the Polio Support Groups, he has been asked questions about PPV. Here they are with answers:

**How will we go financially?** *We have received a grant to get us started, have received some donations and are looking into other funding options.*

**What does PPV hope to achieve?**

*Our Mission Statement says what we are aiming for.*

**We support Polio days?**

*Yes we do!*

**How will we communicate with the groups?**

*Through Convenors and through our newsletter and also by sending out items of interest as they come.*

**Will we be requesting club or single membership?**

*Both. Groups can take out an Associate membership. Full membership is for individuals who live in Victoria who have had polio.*

**Can outside people and groups join?**

*Yes-as associate members*

### **THE WHAT, WHEN and HOW of PPV: DEVELOPING PLANS**

Cheryl Sullivan  
Project  
Consultant.



We are very pleased to have been able to employ Cheryl Sullivan as a consultant to assist us to develop a Strategic Plan. Cheryl has a background in nursing and community nursing, management and consulting in aboriginal health, disability, mental health and homelessness. Cheryl will assist the committee develop its visions and plans and will facilitate the meeting on August 22nd.

### **What is a "Strategic Plan" we hear you ask?**

A Strategic Plan is a thought out plan of where we are heading. It will state:

**WHERE** we are heading. **WHAT** are our priorities and goals. **HOW** we plan to get there. **WHEN** we want to achieve these goals by. **HOW** we will know we have got there. Underpinning this will be our values, and the process will help us clarify and articulate those as well.

### **POST POLIO CAN AFFECT TEMPERATURE REGULATION**

Medical Cooling Allowance is available for concession card holders. Application form soon on our website <http://www.dhs.vic.gov.au/concessions/entitlements/view-all/energy/medical-cooling>

### **HAVE YOUR SAY ABOUT PPV's FUTURE**

**Join the Special Planning Meeting at 11am-2pm on Monday August 22nd at the Northcote Town Hall.**

**Help with transport costs available  
Nowhere in Victoria is too far away.**

**Let us know if you'd like to attend.**

## **POLIO DAY 22nd OCTOBER 2011**

PPV supports Polio Day 2011 and encourages you to take a day trip to beautiful Ballarat. *Polio Day* has been an important event for many years and this is the second time it will be hosted by our friends in Ballarat.

### **MEMBERSHIP**

Since sending out the membership form, thirty-five new members have joined! The last Membership form did not have our bank details (for those who would like to make a donation). We have attached one with this newsletter.

Although we do need funds, membership at this stage will be free but we will be encouraging a donation in lieu of fees. Membership will not need to be renewed until 30 June 2013, when the need for fees will be reconsidered.

### **EUROPEAN CONFERENCE ON POST POLIO SYNDROME**

Copenhagen August 31-September 2

Liz will be attending this conference which will be held in Copenhagen, Denmark. To see the program go to [www.poliocconference.com](http://www.poliocconference.com). Liz will be gathering information about the latest research to share with you. Mary-ann Leithof (Polio Australia) and Blaise Doran (Polio Services Victoria) are also attending. Mary-ann is presenting a paper on the Health and Wellness Retreats and Blaise is presenting a Poster presentation on the Australian "Hub and Satellite" model of rehabilitation. Other Australians are attending:- John Tierney who also attended the Health and Wellness Retreat (which inspired our Polio Australia retreat), held in Warm Springs in 2009, along with Mary-ann, Liz, Shirley Glance and Fran Henke.

### **THANK YOU BLACKBURN LIONS CLUB**

Ron Bell's Blackburn Lions club has made a donation of \$500 to PPV. They will also be sharing proceeds of their upcoming trailer raffle with PPV. Not only will we receive funds to assist us with our work, but the Lions Club is raising community awareness of post-polio by advertising that they will be supporting us.

We greatly appreciate their support.

### **OUR NEW WEBSITE**

[www.postpoliovictoria.com](http://www.postpoliovictoria.com)



Sophia  
(and Jemima)

Thanks to the assistance of member of the younger and computer-savvy generation, Liz's daughter Sophia, we have a website! Two PSG's have chosen to have their newsletters published on the "Newsletters" page. We can add items to promote on the News page and if you have any other ideas or requests, let us know.

## **PPV SUPPORTS THE NATIONAL DISABILITY INSURANCE SCHEME**

This is a once in a lifetime opportunity, so get behind Every Australian Counts campaign.

Visit: <http://everyaustraliancounts.com.au>

### **TAXI INQUIRY**

**Have your say on Victoria's Taxi services**

**Wed. 20 July 11am-2pm Etihad Stadium, Docklands.**

Taxis are a very important for people with mobility issues. Ron Bell and Martin Grillo will be attending on behalf of PPV. If you have any comments or questions that you'd like to pass on to Ron or Martin please email [postpoliovictoria@gmail.com](mailto:postpoliovictoria@gmail.com).

For more information and registration form go to <http://vcosstaxiforum.eventbrite.com>

### **ROTARY'S COMMITMENT TO POST-POLIO**

Denis Hyland from the Rowville-Lysterfield Rotary Branch met with PPV and spoke to us about their commitment to supporting the well-being of people who have had polio. Rotary's work in the eradication program is well know and they are now broadening their focus to include polio survivors. They are helping bring people to our August 22nd meeting and are looking at ways to support the PSG's in their district.

One of their major awareness and fund-raising projects will be **World Polio Day** which is on **October 28**. The theme will be "Wear orange for polio" and we will be involved in this. We look forward to working with Denis and his colleagues.

### **PPV JOINS**

#### **THE AIDS AND EQUIPMENT ACTION ALLIANCE**

It is important for to support the efforts of this organisation to improve the availability of aids and equipment to all who need these for mobility which is so important for our well-being. We will add the voice of people with polio to their valuable campaign.

### **OUR ADMINISTRATION VOLUNTEER**



We are very happy to welcome Shirley Glance to our team! Shirley has a wealth of administrative, fund-raising and event management skills and years of community involvement. We are ready to be organised, Shirley!

*All the best from*

*Jill Pickering, Martin Grillo,  
Ron Bell, Liz Telford and Geoff Dean.*